

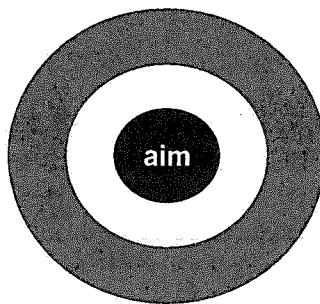
The AIM Project

AIM Behandling

Veileder for behandling av ungdom som har utvist skadelig seksuell atferd (SSA), familien og omsorgsgiverne deres

2. utgave – norsk versjon

Jacinta Guilhermino
og Christine McCarlie



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Foreword – English version

A recent Freedom of Information request revealed that 32,452 reports were made to police in England and Wales between 2012 and 2016 involving alleged sexual offences by children against other children. This represents an average of more than 22 initial concerns of this nature every day (Barnardo's, 2017). The number of cases reported to the Crown Office Procurator Fiscal Service in Scotland during this period involving a sexual offence committed against a child by a child rose by 34% (COPFS, 2017). These shocking statistics highlight that harmful sexual behaviour displayed by children and young people is widespread, and is a form of sexual abuse that is increasingly being reported to statutory authorities such as police and social work in the UK and beyond.

The question of how we respond to these situations involving sexual harm to others caused by young people is a pressing one for all practitioners tasked with providing interventions to reduce risk of further harm. The publication of this book could therefore not be more timely. The AIM Project has for more than 20 years built a considerable reputation providing good quality, evidence-based tools for frontline workers that allow them to respond effectively to harmful sexual behaviour displayed by children and young people.

This book carries on that tradition, allowing practitioners access to a range of resources and ideas for working with young people who have caused harm that will help them work holistically and target intervention goals effectively.

This book has a range of features that are congruent with the emerging literature about working with this client group. Firstly, the book is systemically orientated, and recognises that the young person who has harmed others needs clear and consistent messaging from parents, carers and other supportive adults. Exercises for the individual young person are linked to materials that can be used with parents, carers and other adults to help young people safely move on from the harm they have caused. The contribution of schools and settings such as residential units are presented as integral to helping young people make therapeutic progress.

Secondly, it recognises that many children who display these behaviours have also often had adverse childhood experiences themselves, and many will show signs and indicators of trauma. Accordingly, the book uses a 4 stage sequential model, so that more challenging materials about responsibility, perspective taking and reflection on behaviour are introduced at a stage where the young person has a secure foundation to understand themselves and the consequences of their actions. The focus here is on ensuring that safety and stabilisation are core to the therapeutic relationship with the young person. This is the foundation that needs to be in place before more detailed work around emotional and sexual regulations skills is attempted.

Thirdly, the book recognises that young people who display these behaviours are a heterogeneous group. When we talk of adolescent harmful sexual behaviour, we are, in fact, talking about different kinds of young people from different backgrounds, who display different kinds of behaviours in different contexts. Supplementary material about using materials for those involved with – for instance- technology assisted harmful sexual behaviour or sibling sexual abuse will help colleagues individualise intervention goals and ensure that we avoid a one-size-fits- all treatment approach applied in all cases.

This is critically important. This book has been developed as a framework that can be used in a wide diversity of different settings and contexts. It is a resource full of exciting and motivating ideas that can engage young people and their families who may be resistant to the involvement of professionals in their lives. It is a road map that will help practitioners navigate a complex, emerging field and develop effective practice solutions. But most of all, it's a book of quiet wisdom, where practitioners who have been working with this client group for many years share their experience of practice that is respectful, child centred, healing and effective. Because of this, it should be on the bookshelf of any practitioner working with children and young people who have displayed harmful sexual behaviour.

Stuart Allardyce

Director, Lucy Faithfull Foundation / Stop It Now!
Scotland

Acknowledgements

This book owes much to the young people and their families with whom we have worked and who have helped us develop our practice. Without this learning, we could not share our practice experience to enable others.

We are also grateful to our families for their patience, support, unfailing good humour and keeping the light on at the end of the tunnel.

Our thanks go to all the AIM associates for their support and encouragement and, in particular, to the following who have peer reviewed this book, given much of their time and challenged us with their skilled direction:

- Joan Cherry
- Richard Swann
- Lindsey Dickinson
- Jane Lloyd Griffiths
- Vince Mercer

We would like to acknowledge G-map¹ for their contribution to the development of good practice through the production of the first edition of Interventions with adolescents and their families/carers (2002).

We are particularly thankful to Stuart Allardyce, National Manager, Stop It Now (Scotland) for his generous foreword and to Ann Brady, Team Leader, Halt Service, Glasgow City Council and Nathalie Fontenay-Hannant, Risk and Vulnerability Co-ordinator (Harmful Sexual Behaviour Lead), Children's Social Work Service, Leeds, for their invaluable advice as expert and external reviewers.

This guidance has drawn on the extensive knowledge and experience of several leading experts in this field who have kindly given permission for us to use their materials. We would like to thank them for their generosity in sharing their knowledge and enhancing our effectiveness in working with children, young people and their families. If we have inadvertently not sourced materials, we will be happy to correct this.

Lastly, special thanks go to our editor Carol Carson, The AIM Project manager, for her invaluable guidance and support, without whom this book would not have been written. We have grown from this and learned so much.

About The AIM Project

The AIM Project (Assessment, Intervention and Moving On)

The remit of The AIM Project is to support professionals to respond consistently and effectively to children/adolescents who display problematic/harmful sexual behaviour and who may be harmful to themselves and others. The AIM Project has developed models and frameworks to guide practice, such as this Intervention Guidance on working with adolescents and their families and carers, and to provide agencies with a common understanding of the issues and a consistent and common framework for reporting, assessing and planning for the risks that are posed.

About the Authors

Jacinta Guilhermino is a registered social worker with 25 years experience. She qualified in 1994 in South Africa and has spent her professional career working in the field of sexual harm. Having been a frontline child protection social worker for the local authority, she then worked for the NSPCC for over 10 years on their accredited treatment programme for adult sex offenders, working towards family reunification and restorative justice. She also undertook Guardian Ad Litem work representing children with harmful sexual behaviour, child sexual exploitation and other trauma-related backgrounds. Jacinta co-founded DG Etali Ltd in 2011, a company offering training and consultation, as well as direct work with children/young people and adults, on all aspects of sexual abuse. Within this role she has independently authored a Serious Case Review and contributed to various audits as a specialist in her field. She has been an Associate trainer for The AIM Project since 2012 and continues to be a member and Chairperson, for NOTA South West.

Christine McCarlie has been a social worker for over thirty years and is one of The AIM Project Associates. She managed the Halt Project, a community resource based in Glasgow, providing assessments and interventions for young people with harmful sexual behaviours for eleven years. Along with Ann Brady, Team Manager at the Halt Service, she co-authored Management, Assessment and Risk Reduction (M.A.R.R) 2014: A practice manual for working with young people with sexually harmful behaviours and their systems. Christine has also co-authored two Chapters on Risk Management frameworks in Children and Young People who sexually abuse: New theory, research and practice developments Ed Martin C. Calder (2005) and Contemporary Practice with Young People who Sexually Abuse: Evidence Based Developments edited by Martin. C. Calder (2011). In 2005 she established her own company, Safer Futures Ltd. through which she provides a range of services including consultation, training and direct work with young people.

Forord – norsk versjon

Ressursenheden V27 / Betanien sykehus i Bergen (Norge) som er ansvarlig for denne oversettelsen, vil først og fremst takke AIM-prosjektet i UK ved manager Carol Carson og forfatterne Jacinta Guilhermino og Christine McCarlie for vårt internasjonale non-profit samarbeide og derav muligheten for norske oversettelse av AIM Intervention Guidance, 2nd Edition (2019). Vi ønsker også å takke tidligere manager og stifteren av AIM prosjektet; Julie Henniker, som allerede i 2015 åpent opp for at V27, og det norske fagmiljøet på problematisk og skadelig seksuell atferd utført av barn og unge (SSA), kunne få oversette og nyttiggjøre seg flere av de SSA spesifikke fagverktøyene som AIM prosjektet har utviklet siden begynnelsen av 2000-tallet og senere oppdatert. For mer om AIM prosjektet i UK; www.newsite.aimproject.org.uk/ og i Norge; betaniensykehus.no/helsefaglig/forskning-og-utvikling/aim-assessment-intervention-moving-on

AIM er en forkortelse for «Assessment, Intervention, Moving-On». AIM Behandling (2. utgave, 2019) bygger på utvikling, praksiserfaring og faglig oppdatering fra blant annet tidligere utgave; AIM/GMAPs behandlings-veileder fra 2002/2005. Sistnevnte versjon som flere fagpersoner i Norge er kurset på gjennom den åpne AIM-kursrekken som de Regionale Ressursentrene om vold, traumer og selvmordsforebygging (RVTS-ene) har arrangert siste årene. Alle fagpersoner som ønsker å få og bruke denne nye oppdaterte AIM Behandlingsveilederen må først ha gjennomført AIM3-utredningskurs (eventuelt tidligere AIM2-kurs). V27/Betanien sykehus vil takke alle AIM-instruktørene og RVTS-ene, særlig til RVTS Midt v/Oddfrid Skorpe Tennfjord, som gjennom «Nasjonal kompetansegruppe om SSA» koordinerer RVTS-enes systematisk opplæring på aktuelle AIM verktøy over hele landet. www.seksuellatferd.no, www.rvts.no.

Norsk oversettelse av AIM Behandling er finansiert gjennom det nasjonale kliniske SSA nettverket/kompetanseutviklingsprosjektet i psykisk helsevern for barn og unge (PHBU). Vi takker politikere, Helse-direktoratet og alle de regionale helseforetakene (Helse Vest, Nord, Midt, Sør-Øst RHF) som har gjort dette økonomisk mulig. En stor takk går også til RVTS Nord v/Christy B. Edvardsen og til V27-kollega Eva Mørch som begge har bidratt med god og effektiv kvalitetssikring i oversettelsesarbeidet. Takk til Språkverkstaden og Bodoni AS som har stått for henholdsvis språklig oversettelse samt grafisk fremstilling og trykk. Nevnnes må også Helle Kleive (V27) og Oddfrid S. Tennfjord (RVTS Midt) som begge har bidratt i kvalitetssikring av oversatt undervisningspakke som instruktørene og RVTS skal benytte på AIM Behandlingskurs. Tusen takk til alle som har bidratt og som vil bidra videre!

Den norske versjonen av «AIM Behandling» skal refereres: *Guilhermino, J. McCarlie, C. (2019) AIM Behandling. Arbeid med ungdom som har utvist problematisk eller skadelig seksuell atferd og deres omsorgsgivere/familier. Jensen, M., Mørch, E. M. og Edvardsen, C. B. (2020) Norsk oversettelse av originalversjon.*

Fyllingsdalen/Bergen, desember 2020

Monica Jensen

Psykologspesialist/prosjektleder/AIM-koordinator
V27 / Betanien sykehus



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About the authors

Jacinta Guilhermino is a registered social worker with 25 years' experience. She specialises in all aspects of sexual abuse, working with both young people and adults. She undertakes direct work, consultation and offers a range of training. She is the Co-Director of DG Etali Ltd. and an Associate for the AIM Project.

Christine McCarlie has been a registered social worker for over 30 years and is one of the AIM Project Associates. She has a specialism in working with harmful sexual behaviour, having previously managed a specialist service. She established Safer Futures Ltd. and provides a variety of services, including consultation and training.

Om denne boken

AIM Behandlingsboken er utarbeidet som veileder for klinikere/fagpersoner som jobber direkte med behandling og annen oppfølging av ungdom som har utvist skadelig seksuell atferd (SSA). Den er basert på praksis og underbygger behovet for en helhetlig og sammenhengende tilnærming til familie, ungdom og fagpersoner, for å kunne redusere og håndtere risiko for nye hendelser med SSA.

Veilederen innbyr fagpersonen til å vurdere ungdommen bredt og i sin hele kompleksitet, fremfor kun å fokusere på deres skadelige seksuelle atferd. Veilederen inneholder et rammeverk i fire steg som beskriver behandlingene som lagdelte og bidrar til utvikling av ferdigheter, motstandsdyktighet og kapasitet for man tar fatt på ungdommens seksuell helse og skadelig seksuell atferd. Hvilke temaer som skal være i fokus, lengde og intensitet på behandlingen, vil avgjøres på bakgrunn av resultatene fra forutgående AIM3-kartlegging og hvordan dette best kan skreddersys til ungdommens individuelle behov.

De fire stegene i rammeverket er:

Steg 1 Forberedelser, engasjement og motivasjon

Steg 2 Utvikle motstandsdyktighet

Steg 3 Seksualundervisning, relasjoner og skadelig seksuell atferd

Steg 4 Veien videre (avslutte behandlingen)

AIM Behandling er ingen manualisert tilnærming, men den oppfordrer klinikeren/fagpersonen til å være kreativ i sitt møte med ungdommens behov og den familie/stottepersoner. En utvidet verktoykasse med praktiske øvelser er inkludert som hjelpe til å fremme endringsprosessen.

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